

MASTERS SWIM CLUB HOSTS CANADA'S LONGEST RUNNING MEET

MARGOT WHEELER

The Alderwood masters swim club celebrated its 45th consecutive swim meet Sunday at Alderwood Pool in south Etobicoke.

The 'Teddy Bares' swim meet is the longest consecutive running masters swim meet in Canada, first held in 1975 - two years after the club was formed in 1973.

Ted Roach, who founded the club and coached it for 20 years, from 1973 to 1993, was special guest of honour. Now a spry 95 years of age, he performed the ceremonial start of the meet - and cut the anniversary cake.

The club has approximately 60 members, ranging in age from 18 to 90 years old, training three times a week. The club is presently coached by Gregg Thurbeck



David Jackman photo

Ted Roach (second from left) founded the Alderwood masters swim club in 1973, coaching them until 1993. He was on hand to celebrate the club's 45th straight masters meet with longstanding club members (from left) Linda Berry, Lee Shimano, Barrie Malloch and Ethel St. Laurent.

and consists of former club swimmers, triathletes and individuals who train for fitness.

Members of three other thriving masters swim programs in Etobicoke - Etobicoke Olympium (EO-

MAC), Norseman Masters (NORMAC) and Kim Lumsdon Swim Club - were in attendance to show their support.

Margot Wheeler is a club member